

*The Art & Science
of Enhancing Beauty*

Experience the most innovative procedures available in North America, with our world renowned plastic surgeons here at our state-of-the-art medical facility and spa.



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Arrange a consultation today

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Refresh. Renew. Rejuvenate.

QLift

Exclusively at Center for Plastic Surgery

The Quick-Recovery Facelift

The results of a traditional facelift with only a few days of recovery.



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How it is performed

Phase 1



A small incision is made in front of the ear, which allows the cheek skin to be undermined in an anterior direction and down toward the jawline.

Phase 2



A purse-string suture, anchored in the temporal hairline region, is drawn through the jawline, elevating the muscle upward. This same technique is used for the cheek.

Phase 3



The excess skin created by the pull of the purse-string sutures is elevated upwards in front of the ear and excised,

Phase 4



The final outcome of the QLift: the cheek and jawline are nicely recontoured, the excess skin is removed, and the incisions hidden within the hairline and in front of the ear.

What results can I expect?

The QLift effects are immediate following the procedure. Your physician will show you during your consultation the amount of lift, personalized to you, that you can expect.

When can I return to my everyday routine?

You may be able to return to work within a few days following the procedure, depending on type of work and extent of swelling & bruising. *Facial movements & rubbing / pressure on the face should be avoided during the first few weeks following the procedure.

Are there any other treatments that may enhance or preserve my QLift effect?

Although not required, we do offer several non-invasive outpatient treatments that enhance or protect the QLift effect such as: Botox®, injectable fillers, Morpheus8, Lumecca IPL, microdermabrasion, & clinical skin care products.

How long will my QLift last?

Results will be pleasing and noticeable for several years because the underlying structures are tightened with permanent sutures. It does not compromise your candidacy for having a subsequent, additional lift procedure.

Am I a good candidate for a QLift?

Qualified candidates have droopiness of the cheeks and jowls. Patients should be healthy & not on blood thinning medication. The best candidates have realistic expectations for a quick lift without the expense or risks of surgery associated with a more traditional facelift. Our doctors will direct you whether the QLift or another procedure is right for you.

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Frequently Asked questions

What is the QLift and what aging areas are treated?

It is a in-office facelift that is minimally invasive & offers a quick recovery. It is designed to lift & support elements of the cheeks, face, & neck. The soft tissue of the face is lifted & repositioned, while the underlying tissues of the face are tightened.

The QLift may be performed independently, or simultaneously with other surgeries such as: eyelid surgery, neck or chin liposuction, Botox or injectable fillers.

Is the QLift safe?

When performed by our renowned surgeons, this procedure is absolutely safe. The risks & complications are highly uncommon. Additionally, as it is performed under local anesthetic, the risks associated with general anesthesia are absent.

What is the recovery like?

Though there is a risk of swelling and bruising, the QLift involves very minimal pain & discomfort. Patients are given special precautions to take following the procedure to avoid complications / compromise the lift effect.

Before



After

Carol

Age 63



Daphna

Age 52



Melissa

Age 64



The Quick-Recovery Facelift



Our surgeons have pioneered this innovative, facelift procedure for the time-conscious person looking to rejuvenate their youthful appearance. The Qlift is performed in a minimally invasive, quick way.

Offering the same long-lasting results as the traditional facelift, the Qlift has a much faster recovery, with minimum discomfort and swelling.

It is performed in our state-of-the-art medical suite, and usually takes about 2-hours. Patients are released home the same day (a scheduled form of transportation is necessary).

Additional Services Offered

Cosmetic Procedures

Facelift • Eyelid Surgery • Chin / Cheek Augmentation • Facial / Body Sculpting • Liposuction • Breast Augmentation • Breast Reduction or Uplift • Abdominoplasty • Nose Surgery • Ear Surgery • Botox® • Injectable Fillers • Juvéderm® • Voluma® • Kybella® • Restylane® • Lyft • Silk

Laser Treatments

Wrinkle Removal • Sun Damage • Age Spots • Facial Spider Veins • Cynosure Laser Hair Removal • IPL Laser • Fraxel • SmartLipo™ Laser • Morpheus8 • Lumecca IPL

Medical Spa

Micropeels • Microdermabrasion • Microneedling with PRP • Hydrafacial • Dermaplaning • Customized Facials • ZO®

Skin Care

ZO® Skin Health

From correcting sun damage & pigmentation, to maintaining healthy skin & preventing future damage, regardless of age, ethnicity, unique skin condition or skin type, ZO® has your skin covered.

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